HH Sri Swamiji Upadesha @ KSHT Frisco TX on 3/12/2022 Evening

Jai Veera Hanuman ki Jai

Siya Ramachandra Prabhuki jai

Durga Mata ki jai

Subrahmanya Swami ki jai

(Dallas area music teachers offered music seva with several of Sri Swamiji's compositions and other classical works during puja). See how good the music was today. Wonderful music! Swarakshara kirtans of Swamiji were sung. Endaro mahanubhavulu of tyagaraja was sung. Lord Srirama appeared in Saint Thyagaraja's dream and asked him to sing about Rama's devotees. Thus came the song. Lord is always listening and responding to true devotees. You must truly understand the meaning of the Guru's words. You must not misunderstand.

A song "Paluke bangara mayana kodandapani" (Your words have become so precious") is sung by Ramadasa. A Maharashtrian saint listened to the devotional songs of ramadas and wanted to learn music at an older age. His voice was not good and his hands were not nimble to play any instruments. Then he took an earthen pot at 95 and started playing it and during Panduranga's festival, he played this while moving in procession. He learned at 95 and got heckled by musicians that you are too frail to play anything. Ghata (earthen pot), is very suitable for Vithal bhajan. If steadfastness is there, you get the music. You must think that music is God.

I can't do it! - should be the attitude. "This is difficult, too many swaras (notes)", - such attitude should be shed. Everyone must learn one instrument. It will be a true friend. The music you learn - vocal or instrumental - will lead you to God. God will come to you. Naada is the only one that gives salvation. your breath is also Naada. It reverberates and makes the sound of sooo….hum…….If you close your eyes and concentrate on your breathing, it serves as the tambura (drone) sound. You also get sound sleep.

Many people have sleeping disorders. If you concentrate on the sound of breathing and do deep inhalation and exhalation, you will get sound sleep. No pills are necessary. Our breath is music. the inhalation and exhalation process is music. When small children are cranky, the mother just sings a note or makes sounds, then the baby looks up to the mom and sees what happened to the mom :-) The baby gets amazed and sleeps. If you make a noise that's enough. Babies sleep. Our breath helps us a lot. If you practice music with vocal or instrument - not caring for what would others say - (instead of movie songs, sing classical music)

Everyone listens to music. A famous musician went to a Maharaja (King) who doesn't like or understand music. Everyone assembles to listen to the musician. The King announces in the city, that I heard that everyone automatically nods their head to his music. But today, whoever nods to the song, their head will be cut-off. Many of us automatically nod our heads to music or clap with our hands (sometimes not in rhythm). That's why many musicians don't look at the audience. A singer/musician should not look into the eyes of the audience. He must just look at their head. The audience thinks that the musician is looking at them. Just like now, Swamiji is looking at you - you think. But I am not.

If a musician looks at the audience's eyes, the raga goes off-track…

back to the story…the musician started singing Hindustani music (north Indian). Many soldiers drew their swords and became ready to cut off the heads of anyone nodding. He was singing melodiously. No one was nodding for the fear of dying. But one person wanted to really appreciate the music even if it costs him his life. He nodded his head fully to show appreciation for the music.

The rest of the people didn't move at all. When asked why he risked his life, he said "After listening to such good music if we don't appreciate, what's the point of staying alive? " We must also appreciate and join the enjoyment of music. Then the king realized that he is the only one who is appreciative of the music. The rest of the people were really attached to their bodies. You must forget everything, in Pandarapura continuous chanting is going on Vitthala, Rama sung by everyone. Many people don't clap well. shy half-hearted claps are not good.

We must forget our bodies and listen to music. Then knowledge dawns on us. No one will get us rid of our sorrow. We must not cry. We must be happy with God. You have given me life. I am alive now and am able to see this program. and offer our prayers to God. Crying when looking at God, Swamiji, near spouse, in the office is not good. If you are happy, your longevity increases.

Music helps you increase spiritual happiness.

Jaya Guru Datta.

Live Video is at

https://www.facebook.com/sgspage/videos/1103134900540834