HH Sri Swamiji Upadesha @ KSHT Frisco TX on 3/11/2022

Jai Veera Hanuman ki jai

Pavanasuta Veera Hanuman ki Jai

Siya, Hanuman Sahita Sri Ramchandra Prabhu Ki Jai

Jaya Guru Datta Sri Guru Datta

I am happy that many children are writing essays about the paintings. Continue writing the essays. Give numbers to the pictures so that they can be mentioned in the essay and correlate the picture to the story. Teach all children your mother tongue. Hindi, Gujarati, Telugu, Kannada, Tamil - teach them whatever you speak. Keep English as the second language. Speak to your kids in Telugu (or your mother tongue) only. They will automatically learn English in school. The teaching starts with you. You don't talk to children in English. All children must learn their mother tongue. You must learn the Telugu language. Telugu is a beautiful, musical language. So much knowledge is there in Telugu works. Sometimes, you will miss all the knowledge if you don't know Telugu. If you learn to read and write in pure Telugu, you won't miss Tataji's teachings. Our language is like a jewel. Our mother tongue is very important. If you don't know the language, you will miss out on Tataji's teachings. If we don't know the language, we have to wait for the translation to be released. Read small books of Tataji. You all, even adults must participate in the language tests. Learn your mother tongue - Telugu, Tamil, Hindi. Some translations from Telugu to English are tough. Some words are tough. They need to be understood in that language only. Even translations from Sanskrit to other languages are easier sometimes than Telugu-English translations.

The Telugu language is also very easy because your parents and grandparents are talking. If you learn the language, you can play and communicate better with your grandparents. You all learned Bhagavadgita. Telugu is very easy to learn for you. You will definitely get it. There are no tough words. If you show interest and concentrate, you will understand Telugu easily. Many Hindi or Tamil people understand when Swamiji speaks Telugu. Even English speakers tell Swamiji that they understand Swamiji's Telugu messages in Appji. If you concentrate, you can get vibrations and energy.

We have all come to the temple. Why do we pray in the temple?

What energy is there in the temple? Why do we come to the temple? Why do we have a room for worship in our home? Our dearest deity in the temple is like a family member. God is like a savior, protection for us. That's why we tell God whatever is on our minds. If we tell anyone about our problems, they make fun, acknowledge, or show sympathy but they can't remove your misery and mental agony. The confusion which arises in our minds is very strong. It makes you miserable.

Friends can't help with mental agony. Only God can help. That is why many come to the temple and pray to God about their job, situation, and mental sorrows. If you tell Guru about your issues, we feel lighter. Then we get the energy to fight the issue. When someone listens to your problem it gets lighter. It's not a stone idol. It is like a living being in the temple. Your sorrows are taken by the diety. We have the pillars in the temple. They are like our limbs.

our body is like a moving temple. "Dehame devalayam". How many parts are in the temple? We have the Rajagopuram outside, we have the dhwaja stambha (flagstaff monument) outside. Then we have Antaralaya….(first area). Then garbhalaya (Sanctum). Then there's a camel - Hanuman's vahana. Then

there's Deepa (lamp) that moves with the airflow. On top of the temple, there's gopuram (also known as vimana).

(In summary, Here are the main features)

1. Rajagopuram

2. Dhwaja

3. Antaralaya

4. Garbhalaya

5 Camel

6. Deepam

7. God.

The akasha (space) has taken a form of a deity. The supreme God is manifest in the diety (idol) form.

When we pray, the formless Hanuman almighty who is present everywhere - (even when we don't see Him, the oxygen (mukhyaprana) is saving us by being present everywhere. We can't live too long without it. We can't see it but we feel the presence. It is akasha. We are living, dwelling in it, can't see it but feel it and it's essential for our living.

Why did we get the body? Because of our Karma. We must get rid of our karma. We only think that what we see is real. But all the things, and people you see will not be there one day. Your forefathers are not here anymore. Similarly, we won't exist one day, we will return to the elements - merge in akasha. Our grandparents who are no longer physically here, are still here - present in the akasha. But according to karma, they will be born again. Analyzing the symbolism of body parts in the temple. The Dhwaja is like our spine, backbone. The rajagopuram is like our head. When we pray, our vibrations get transmitted to God. When we offer rice akshatas, through that our prayers transfer, from there they go to rajagopuram, dhwaja, and towards Akasha. There the supreme unmanifest God receives it.

When you say hello on your cell phone, it goes to the antenna, to the satellite, and to the receiver on the other end. This is man's creation. But God's creation is wonderful. it can transmit everyone's prayers all at once to God. A phone can only call one person at a time. Maybe it can go to a group of people using tech like Zoom, but there's a limit.

You can close your eyes from anywhere and visualize Hanuman in your mind and He will receive the prayer through akasha. He will take all your problems and will protect you. After a few minutes, you will become happy and your mind becomes lighter.

I want to see Tataji, I want chocolate, etc, you think. When tataji receives your prayer your mind will be happy. Even if you can't physically come, sit in padmasana, close your eyes and pray in your mind, Tataji, and definitely Tataji will answer your prayer. You test with devotion. What is meant by devotion - surrendering yourself, without questioning or doubting. When you have doubts in mind, your vibrations won't travel. When there are no doubts, your vibrations travel.

That's why your body itself is a traveling temple. not just the heart, nose, eye, everything in your body is God. How to see it? close your eyes, do chanting, do meditation, and do penance. Then you will see

the form you want. If you think about Ganapathy, He will appear as Ganapathy, if you think about mother Goddess, She will appear.

At least sit for 10 or 20 minutes and close your eyes. and inhale and exhale normally. Think about Dallas temple, Tataji speaking, doing pooja all the activities here. Your mind can very clearly visualize the picture. You can also speak to Tataji in your mind. You should not say it out loud to people that you have seen in mind. You should just experience it. You must collect and store the energy. If you tell someone, the energy goes away. Meditation gives great strength.

Close your eye and ask for Teertham, you will definitely get teertham and experience drinking teertham. You must become that strong.

Don't meditate to get rid of your sorrows and physical things. Meditate to stay closer to God. Then you will get the mental strength to fight your problems and eventually problems will go away, they will not come to you.

If someone says something bad about you and you ignore it, it won't affect you. You are like a crystal, very pure. Nothing affects you. If you think like this, nothing will affect you. They might get angry that you are not reacting. one day their anger also goes away.

You are a good fighter. You are carrying karma from so many births. You can increase your meditation with devotion and physical service in the temple, and with purity. Then your bad karmas will automatically go away. When you light a lamp, then darkness goes away. Meditation is like that energy, that light.

We have a big hall, you can sit and meditate.

There are a lot of things going on in the temple, visitors, children crying, priests chanting, etc. But no problem. You can use an earplug and meditate in the beginning. Daily you must meditate and increase from 10 minutes in the beginning to 40 minutes. You can set an alarm to stop initially. If you want, you can chant Om in your mind, don't need to make a sound.

That's how the temple helps you.

We perform pooja because Hanuman is a member of our family. God is everywhere on your left, right, front and back, etc.

We are quarreling and having desire, anger, confusion, questions. and eventually dying. In the end, you say my Guru hasn't taught me anything. Your receiver is not good. I am broadcasting. You must service your receiver by practicing meditation every day.

Okay?

Jayagurudatta Srigurudatta.