HH Sri Ganapathy Sachchidananda Swamiji Upadesha, KSHT 3/6/2022

Jaya Guru Hanuman ki jai
Sri Maha Ganapataye namaha
Sri Saraswatyai namaha
Sripadavallabha Narasimha Sarasvati Sriguru Dattatreyaya Namaha

Your Appaji, Tataji, Swamiji is always with you. I support every one of your good actions. I punish every bad action. Choose good karma. Whatever your status is - bachelor, householder, maintain your duty. Then you get Sadguru's protection.
If you perform natural actions, I support and protect you. I use penance (tapas) to support you. If you perform a bad action that harms others or yourself or causes you to be lazy, there is guaranteed punishment.

All Datta devotees must get rid of lethargy, tamasa qualities, and become noble.
What I caution everyone belonging to all religions is, "Don't display tamasa guna, don't waste time. Our human birth and our time are most important. They are attained by doing only great good deeds (Punya)."

We forget our previous births. Even if you remember, it will cause you trouble. You must perform guru service, in order to remember the other births.

What is guruseva? It is not just prostrating or donating and taking blessings. These actions are only partial. Real service to Sadguru is remembering and following every single word uttered by Sadguru. So many people think it is touching, seeing, doing physical service, etc. These are also important, but the most important action is to follow the teachings of Sadguru.

"I will only do this much as I have no time. I need to attend to children." This type of attitude is not good. You must do Sadguru's service without looking for results. That's real guruseva.

I am using the words - "I" and "you" because the philosophical aspects are not understood by you. If I say you and I are the same, you will ask why, how? I can't say you are different, and I am different. That's also not possible. The questions and answers are also confusing. There are answers to these questions, but you must be eligible to understand them. We are still not eligible, that's why it's 100% not understood. It is a long process to say you and I are the same. You must listen to all the lectures of Mahabharata and others given by Swamiji. Then only you become eligible. You are lazy to listen, but you ask the question. Asking a question takes only a second, but the answer will take several years, perhaps decades, when you spend 6 hours daily.
That's why Bhagavadgita, all the Saptahas, and stories (Kathasagara) are given. These are not just stories; their inner meaning is very powerful.

I bless all the donors of these paintings (installed on Hanuman temple walls), depicting the Hanuman stories. These pictures look like they are giving a story. There's an inner meaning to each picture. Many people just stop at the story: Hanuman gave the ring to Sita Mata, Mother Sita gave chudamani etc.

I didn't get the drawings painted for no reason. There are hidden teachings. There's an inner meaning about Hanumanta. He sat on the stack coiled long tail in front of Ravana. You must write essays about what you understand about these paintings. Study Ramayana once. Ramayana might just look like a story, but slowly you can think about it. Indeed, you will get thoughts and become eligible.

Awaken your mind from laziness. If you memorize one shloka, the second one becomes easier. The mind is sleeping by default. You must awaken it. Your mind is like a baby. If you increase its power, it will

sharpen. Increase the power of meditation. If you watch 5 movies in a row, your mind will be dead. You must only watch occasionally.

If you just keep on eating and sleeping, your mind will keep on asking the same. You won't take care of the family. You won't memorize the shlokas. In a 24-hour day, only sleep for 5 hours. It is enough. You can take a maximum of 6-6.5 hours. However, don't sleep again. Keep yourself busy with some work. Do something. Read. Stitch, do some work. Don't argue. Take Swamiji as a member of your family.

Many of you have taken Swamiji as your Guru. Keep stepping up your spiritual practice. Don't step down in your practice. You will survive even without oxygen, with practice. You are teaching your children also laziness. Sleeping on the couch, lazy eating, drinking…These are all abandoned tasks. Control yourself and keep a limit to the enjoyment.

Remembering old bad memories and arguing about them has no purpose. Memories about family members who have wronged you should be ignored. Swamiji has given you so much more. Be happy about that.

Why are you thinking about these wrong memories? Why do you punish your husband or your wife? You have done some bad things and some other people have done wrong things to you. No use in remembering all that. In Ukraine, there is war and people are dying. What happens if they remember Guru now? You have a Guru. Utilize His presence.

In the school year, there are many tests given preparing you for the final exam to measure your progress. The tests are not given to put you down. it's for your betterment and measurement. Similarly, Sadguru tests you to progress you in your spiritual journey. It is not to put you down. He is giving grace marks at every step to help you make progress and make you eligible for the next step. He is not testing everyone. Only some people are getting tested. Don't think that you are moving away from Appaji. You are coming closer. Close your eyes and feel Swamiji is always with you. In good times, bad times, 24 hours - Swamiji is with you.

Your first wrongdoing is laziness. Your kids are a gift given to you. Serve them, teach them, and show them a good path. It's your duty to do this. I will help you. So, I am telling you only one thing. Leave laziness and do your duty. If you do a good deed, I will help. If you do bad things, I won't help.

You have seen the mercy of me, so you can't leave.
Sadguru is tougher than a diamond sometimes, but softer than a flower sometimes. Nectar-like blessings, ornaments like Sadguru must be held closely, remembered, and cherished. If you get a diamond ring made, you open it occasionally, get it polished, wear it, look in the mirror, and put it away. Don't you? Sadguru is like an ornament. I don't need to give you new teachings. Swamiji has given enough teachings for seven births. We are not able to save, read, protect, and cherish.

I am a good friend and a guide for you. I am a good doctor for your diseases - different ones. I am a dishwasher, mind washer etc. to remove all the bad dirt in your life.

After seeing Appaji, many people are alive today. He has given you a life extension. You are relatives to me since previous births. I can't leave you and you can't leave me.

Poojas start tomorrow and you can participate online. I have come here for rest for 10 days. Even if you don't have one on one opportunity to see Swamiji, don't feel bad. Just be happy that Swamiji is getting rest.
Jaya guru Datta Sri Guru Datta.
Om Namo Narayana.